




## Govt. College Sainj (H.P.) College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	27.03.2025
2	Name of Activity	<b>Mentor-Mentee Interaction</b>
3	Name of Department Organizing the Activity	Department of Political Science
4	Name of Collaborating Agency (If Any)	NA
5	No. of Student Participants	25
6	No. of Teacher Participants	01
7	Brief Report सांक्षिप्त प्रदिवेिन	<div><p>On Dated: 27.03.2025, Prof Prem has conducted a mentor-mentee session and interacted with students on topic “Exam Warrior”. Approx 25 students participated in this event. In this lecture, the speaker focused on the various issues like exam fear, stress, depression and their management. Students also actively participated in this event.</p></div>

Organizer

Principal  
Govt. College Sainj (H.P)